

PRINT AND COMPLETE THIS FORM.

KEEP THIS FORM IN A FILE THAT IS READILY AVAILABLE FOR AUDIT PURPOSES.

- The State Bar of California certifies that this activity conforms to the standards for approved education activities prescribed by the rules and regulations of the State Bar of California governing MCLE.
- The following self-study activity (the three listed components combined) has been approved for Minimum Continuing Legal Education (MCLE) credit by the State Bar of California in the amount of one hour in Detection/Prevention of Substance Abuse/Mental Health Issues:
  1. Viewing our 17 minute educational video
  2. Reading "Getting Help When You Need It"
  3. Reading "Depression: The Parable of the Boiling Frog"

**IMPORTANT INFORMATION**

**WHEN YOU HAVE COMPLETED ALL THREE SEGMENTS AND COMPLETED THIS FORM FOR YOUR FILE, YOU WILL QUALIFY FOR THE ONE-HOUR MCLE CREDIT**

**MCLE Self-study Log**

***Please keep this record in a file which, if audited, will be easy to find.***

Your Compliance Group \_\_\_\_\_

Your Name: \_\_\_\_\_

Your State Bar #: \_\_\_\_\_

Date: \_\_\_\_\_

I HAVE COMPLETED THE FOLLOWING THREE ITEMS IN ORDER TO RECEIVE ONE HOUR OF MCLE CREDIT (Substance Abuse and Mental Health):

- 17 minute educational video
- "Getting Help When You Need It" (article)
- "Depression: The Parable of the Boiling Frog" (article)

Signature: \_\_\_\_\_

For questions, contact Richard Carlton  
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